


# NORTHWEST TRIMAN 2015

## CLASIFICACIÓN

## ABSOLUTA MASCULINA

<b>OFICIAIS</b>		<b>DATA</b> 28/06/2015						
Delegado Técnico		<b>HORA DE PUBLICACION</b> <b>29/06/2015</b> <b>12:27 Horas</b>						
Xuiz Arbitro								
Responsable Oficiais								
<b>COMITE DE APELACIÓN</b>		Inscritos	230					
		Remataron	186					
		Retirados	4					
		Descalificados	0					
		Non presentados	40					
<b>Distancias</b>								
Natación	1,9	Kms.	Ciclismo	45	Kms.	Carrera	10,5	Kms.

\*NF=Non finalizado; NP=Non presentado; SD=Descalificado

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	447	SERGIO GARCIA RODRIGUEZ	ARCADE INFORHOUSE SANTIAGO	2	0:23:51	01:41	2	1:11:03	38.01	01:04	3	0:39:19	<b>2:16:56</b>	
2	516	BRAIS CANOSA FERNANDEZ	ARCADE INFORHOUSE SANTIAGO	3	0:25:28	01:24	4	1:13:24	36.79	01:05	2	0:38:53	<b>2:20:12</b>	0:03:17
3	612	FADY HOUT VARELA	CLUB TRIATLON CORUÑA	5	0:26:52	01:45	16	1:17:31	34.83	01:19	7	0:41:47	<b>2:29:13</b>	0:12:17
4	449	JUAN FRANCISCO FERNANDEZ MOLDES	CICLISMO TRIATLON MONTE ABAI	6	0:26:54	04:32	3	1:12:57	37.02	01:38	17	0:43:56	<b>2:29:55</b>	0:12:59
5	451	SERGIO OLIVEIRA BOGA	OLIMPICO DE VEDRA	14	0:30:26	01:50	5	1:14:38	36.18	01:19	8	0:41:58	<b>2:30:08</b>	0:13:12
6	450	ENRIQUE MORAN GONZALEZ	CLUB ATLETISMO PORRIÑO	37	0:31:42	01:53	6	1:15:37	35.71	01:35	6	0:41:21	<b>2:32:06</b>	0:15:10
7	548	JAVIER PARRILLA GUTIERREZ	PILOÑA.DEPORTE	10	0:27:51	02:02	13	1:16:57	35.09	01:11	22	0:44:44	<b>2:32:43</b>	0:15:47
8	524	HUMBERTO PEREZ MAURIZ	AD NAUTICO DE NARON	1	0:23:49	01:33	46	1:21:16	33.23	01:26	23	0:44:54	<b>2:32:57</b>	0:16:01
9	448	MIGUEL ANGEL VARELA FERNANDEZ	AXA AGENCIA GARRIGA-BEARIZ T	30	0:31:23	02:05	1	1:10:27	38.33	01:48	72	0:49:00	<b>2:34:41</b>	0:17:45
10	457	RODRIGO PINTADO DEL CAMPO	NOSPORTLIMIT-TREK GALICIA	44	0:32:37	01:57	15	1:17:03	35.05	01:31	9	0:42:06	<b>2:35:12</b>	0:18:16
11	546	PABLO MANUEL MUÑOZ SAMPEDRO	ARTROGAL-TRI 498	12	0:29:01	01:46	25	1:18:57	34.2	01:15	31	0:45:49	<b>2:36:46</b>	0:19:51
12	453	JOSE MANUEL TOME SUAREZ	TRIATLON COSTA DA MORTE	25	0:31:18	03:12	12	1:16:34	35.26	01:47	20	0:44:08	<b>2:36:57</b>	0:20:01
13	563	ROBERTO CARLOS AGRELO GOMEZ	ARTROGAL-TRI 498	89	0:35:38	02:06	29	1:19:14	34.08	01:17	1	0:38:52	<b>2:37:04</b>	0:20:09
14	558	EDUARDO ALBERTO SAAVEDRA LAGARES	TRIATLON FERROL	35	0:31:40	02:01	32	1:19:25	34	01:37	13	0:43:16	<b>2:37:58</b>	0:21:02
15	455	MANUEL DALMEIDA LOPEZ	OLIMPICO DE VEDRA	87	0:35:31	02:04	10	1:16:33	35.28	01:44	11	0:43:07	<b>2:38:57</b>	0:22:01
16	622	JAVIER PEREZ BOUZA	TRINITY TRIATLON	18	0:31:00	02:05	9	1:16:24	35.34	01:29	58	0:48:10	<b>2:39:06</b>	0:22:10
17	532	JOSE MANUEL FERNANDEZ LOPEZ	AD NAUTICO DE NARON	77	0:34:50	01:59	14	1:17:02	35.05	01:13	18	0:44:06	<b>2:39:09</b>	0:22:13
18	543	DAVID MENDEZ ARIAS	CIDADE DE LUGO FLUVIAL	123	0:38:15	02:56	7	1:15:45	35.65	01:24	5	0:40:52	<b>2:39:10</b>	0:22:14
19	636	DIEGO VAZQUEZ TRILLO	LICENZA DE 1 DÍA	19	0:31:09	01:50	45	1:21:13	33.25	01:39	16	0:43:34	<b>2:39:23</b>	0:22:27
20	456	JOSE LUIS SANTOME COLLAZO	NOSPORTLIMIT-TREK GALICIA	11	0:28:43	02:49	33	1:19:40	33.89	02:05	37	0:46:16	<b>2:39:32</b>	0:22:36
21	519	ADRIAN CASTRO RODRIGUEZ	T. MURALLA LUGO	58	0:33:33	02:20	36	1:19:49	33.83	01:21	12	0:43:08	<b>2:40:09</b>	0:23:14
22	454	ANTONIO TOUCEDO ESTEVEZ	CLUB ATLETISMO PORRIÑO	40	0:32:23	02:16	71	1:23:56	32.17	01:26	4	0:40:36	<b>2:40:35</b>	0:23:39
23	458	MANUEL SANTOS DOCAL	MONTE PENARUBIA RUNNING LU	43	0:32:35	02:37	18	1:17:39	34.78	01:42	42	0:46:50	<b>2:41:21</b>	0:24:25
24	522	GUILLERMO MOSQUERA VICENTE	LICENZA DE 1 DÍA	13	0:30:23	01:44	43	1:20:56	33.37	01:34	46	0:47:08	<b>2:41:43</b>	0:24:47
25	432	RUBEN PARDO NEBRIL	NOSPORTLIMIT-TREK GALICIA	33	0:31:28	02:02	11	1:16:34	35.27	01:51	87	0:50:12	<b>2:42:06</b>	0:25:10
26	587	FRANCISCO JAVIER RODRIGUEZ MATO	TRIATLON ARTEIXO	102	0:36:29	01:59	8	1:15:46	35.64	01:24	41	0:46:34	<b>2:42:11</b>	0:25:15
27	642	MARCOS GONZALEZ TALAVERO	CLUB CICLISTA RIAZOR	21	0:31:13	02:44	58	1:22:34	32.7	01:19	21	0:44:39	<b>2:42:28</b>	0:25:32
28	553	IVAN RAMOS CADIerno	NOSPORTLIMIT-TREK GALICIA	23	0:31:15	02:29	57	1:22:24	32.77	01:30	24	0:45:10	<b>2:42:45</b>	0:25:49
29	591	PABLO VAZQUEZ ESMORIS	A.D. FOGAR	9	0:27:40	02:08	79	1:24:34	31.93	01:40	47	0:47:12	<b>2:43:11</b>	0:26:16
30	466	DAVID CASTRO GRAIÑO	INDEPENDIENTES	91	0:35:48	02:33	37	1:20:11	33.68	01:29	14	0:43:20	<b>2:43:18</b>	0:26:22
31	464	ADRIAN FERNANDEZ GARCIA	TRISADA	47	0:32:44	02:41	41	1:20:36	33.5	01:36	32	0:45:57	<b>2:43:32</b>	0:26:36
32	656	ENRIQUE VILA DIAZ	A.D. FOGAR	48	0:32:56	02:26	42	1:20:49	33.41	01:22	35	0:46:06	<b>2:43:37</b>	0:26:41
33	523	DAVID OLIVEIRA RODRIGUEZ	CLUB ATLETISMO PORRIÑO	26	0:31:19	02:27	69	1:23:23	32.38	01:28	26	0:45:18	<b>2:43:53</b>	0:26:57
34	517	BORJA CANTO BAÑA	CLUB TRIATLON CORUÑA	56	0:33:29	02:41	40	1:20:32	33.53	01:18	39	0:46:17	<b>2:44:16</b>	0:27:20
35	568	JUAN LUIS CARBIA MENDEZ	ARTROGAL-TRI 498	59	0:33:34	01:59	24	1:18:46	34.28	01:25	65	0:48:41	<b>2:44:23</b>	0:27:27
36	436	LUIS VILA ARIAS	CIDADE DE LUGO FLUVIAL	16	0:30:38	01:53	75	1:24:18	32.03	01:24	40	0:46:22	<b>2:44:32</b>	0:27:36
37	661	JULIO JOSE SOUTO DIZ	CLUB TRIATLON CORUÑA	52	0:33:20	02:58	48	1:21:39	33.07	01:17	27	0:45:23	<b>2:44:36</b>	0:27:40
38	640	LUIS ANGEL CASTELO SANCHEZ	LICENZA DE 1 DÍA	34	0:31:29	02:37	19	1:17:45	34.73	01:49	99	0:51:07	<b>2:44:45</b>	0:27:50
39	592	JUAN ALVAREZ DE SOTOMAYOR	CLUB TRIATLON CORUÑA	15	0:30:34	02:20	56	1:22:16	32.82	01:24	63	0:48:37	<b>2:45:09</b>	0:28:14
40	648	ENRIQUE MUÑOZ CANTERO	LICENZA DE 1 DÍA	36	0:31:42	02:34	51	1:21:45	33.03	01:41	56	0:47:55	<b>2:45:34</b>	0:28:39
41	541	CARLOS JAVIER MARTINEZ LOURO	AD NAUTICO DE NARON	105	0:36:33	03:16	38	1:20:14	33.66	01:29	19	0:44:06	<b>2:45:35</b>	0:28:39






POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
172	644	MIGUEL LOPEZ ARIAS	NOSPORTLIMIT-TREK GALICIA	178	0:49:32	05:36	141	1:31:19	29.57	03:47	163	0:58:26	<b>3:28:38</b>	1:11:42
173	569	TOMAS COELLO PENA-MANSO	LICENZA DE 1 DÍA	124	0:38:17	04:11	184	1:46:58	25.24	01:41	164	0:58:47	<b>3:29:52</b>	1:12:56
174	555	HÉCTOR RIVAS VAL	LICENZA DE 1 DÍA	181	0:50:20	04:56	164	1:34:16	28.65	02:42	166	0:59:27	<b>3:31:38</b>	1:14:42
175	505	HECTOR MOLDES MUÑIZ	TEAM CORBELO	172	0:45:26	04:48	173	1:37:45	27.63	02:33	173	1:03:22	<b>3:33:51</b>	1:16:55
176	560	JONATAN TRIGO TAJADURA	LICENZA DE 1 DÍA	173	0:45:27	04:33	181	1:43:19	26.14	03:33	170	1:01:32	<b>3:38:22</b>	1:21:26
177	583	OSCAR PEREIRO SANESTEBAN	LICENZA DE 1 DÍA	133	0:38:54	02:38	178	1:40:22	26.9	02:20	182	1:16:05	<b>3:40:17</b>	1:23:21
178	508	ALBERTO GONZALEZ MAHIA	NOSPORTLIMIT-TREK GALICIA	174	0:45:31	04:36	180	1:43:13	26.16	03:01	177	1:05:23	<b>3:41:42</b>	1:24:46
179	653	OCTAVIO AUGUSTO SUCASA NOVAL	NOSPORTLIMIT-TREK GALICIA	175	0:45:34	04:15	183	1:46:07	25.45	02:28	175	1:03:52	<b>3:42:13</b>	1:25:17
180	528	GUILLERMO ARIAS-CARBAJAL ALONSO	NOSPORTLIMIT-TREK GALICIA	179	0:49:42	04:10	186	1:48:52	24.8	02:42	171	1:02:01	<b>3:47:24</b>	1:30:29
181	629	MIGUEL ANGEL RODRIGUEZ GOMEZ	LICENZA DE 1 DÍA	170	0:44:24	06:10	188	1:52:12	24.06	01:48	176	1:04:14	<b>3:48:45</b>	1:31:49
182	606	MANUEL FERNANDEZ VARELA	MONTE PENARUBIA RUNNING LU	180	0:49:50	05:15	182	1:45:09	25.68	03:02	178	1:06:01	<b>3:49:16</b>	1:32:20
183	509	RUBEN SANCHEZ VEIRAS	TRI OURENSE	186	0:55:21	03:41	189	1:53:19	23.83	02:16	168	0:59:46	<b>3:54:21</b>	1:37:25
184	536	JORGE GONZALEZ MENDEZ	LICENZA DE 1 DÍA	185	0:53:35	06:42	185	1:47:43	25.07		186	13:24:43	<b>3:54:21</b>	1:37:25
185	660	JOSE RAMON SANTOS PAZ	LICENZA DE 1 DÍA	189	1:03:03	05:02	176	1:40:06	26.98	02:44	180	1:07:12	<b>3:58:05</b>	1:41:09
186	647	MIGUEL ANGEL PAZ DANS	NOSPORTLIMIT-TREK GALICIA	184	0:51:24	02:58	187	1:51:07	24.3	03:47	183	1:41:05	<b>4:30:19</b>	2:13:24
NF	616	JUAN MANUEL MENDEZ FROJAN	ARTROGAL-TRI 498	85	0:35:28	02:49	31	1:19:25	34					
NF	550	ESTEBAN PIÑEIRO FIGUEIRAS	NOSPORTLIMIT-TREK GALICIA	84	0:35:26	02:14	100	1:26:16	31.3					
NF	462	VICTOR MANUEL MOURIÑO FORTES	CLUB ATLETISMO PORRIÑO	17	0:30:57	01:47	21	1:18:30	34.4	01:20				
NF	567	JUAN JOSE CANOSA RODRIGUEZ	AD NAUTICO DE NARON	41	0:32:26	02:46	44	1:20:57	33.36					
NP	610	JOSE LUIS GONZALEZ PEREZ	PILOÑA.DEPORTE											
NP	434	ANTONIO ABEL SEOANE ESTEVEZ	CICLISMO TRIATLON MONTE ABAI											
NP	511	BENJAMIN MURAS GEADA	MONTE PENARUBIA RUNNING LU											
NP	564	JORGE BARATA ALONSO	HERCULES XTRM											
NP	665	SIN DATOS DEL DORSAL 665												
NP	452	JAVIER RAMOS BOTANA	CIDADE DE LUGO FLUVIAL											
NP	664	SIN DATOS DEL DORSAL 664												
NP	562	MARTIN VILARIÑO LOPEZ	AD NAUTICO DE NARON											
NP	579	ROBERTO LOPEZ SOBRADO	NOSPORTLIMIT-TREK GALICIA											
NP	663	SIN DATOS DEL DORSAL 663												
NP	650	ANTONIO JOSE RIVAS FEAL	A.D. FOGAR											
NP	459	ROBERTO BOGA SANDE	TRIATLON ARTEIXO											
NP	444	JORGE GARCIA FERNANDEZ	TRISADA											
NP	561	VICTOR MANUEL VAZQUEZ VEGA	NOSPORTLIMIT-TREK GALICIA											
NP	554	RICARDO REY RODRIGUEZ	LICENZA DE 1 DÍA											
NP	639	JUAN EDUARDO ARIAS REAL	TRINORTH-NOGASA											
NP	549	MARTIN PENELAS SALGUEIRO	NOSPORTLIMIT-TREK GALICIA											
NP	584	NICOLAS PICHEL CASTRO	A.D. FOGAR											
NP	634	IVÁN TEJEIRO BOUZA	LICENZA DE 1 DÍA											
NP	662	SIN DATOS DEL DORSAL 662												
NP	526	DIEGO ABELJON MARTINEZ	ARTROGAL-TRI 498											
NP	637	FRANCISCO VILLACAMPA CAAMAÑO	LICENZA DE 1 DÍA											
NP	631	IVAN RUBIO RUBIRA	TRIATLON ARTEIXO											
NP	643	ALEJANDRO LAMELA ARIAS	A.D. TRI-PENTA TERRAS DE LUGO											
NP	645	MANUEL OTERO GOMEZ	A.D. FOGAR											
NP	489	DAVID FERNANDEZ FORNIS	ARTROGAL-TRI 498											
NP	538	JAVIER CLEMENTE GUTIERREZ DE LA ESCO	TRIATLON UNIVERSITARIO DE MA											
NP	531	NICOLAS DOMINGUEZ GARCIA	INDEPENDIENTES											
NP	585	JAIRO PRIETO CAAMAÑO	TRIATLON COSTA DA MORTE											
NP	572	DAVID FERNANDEZ TABOADA	TALLERES DAVID TRIATLON COM											
NP	446	MANUEL JOSE CRUCES PRADO	CLUB DEPORTIVO PINARIUM											
NP	598	FELIPE DE LA VEGA GANDARAS	LICENZA DE 1 DÍA											
NP	435	FRANCISCO MANUEL RODRIGUEZ GARRIDO	TRIATLON COSTA DA MORTE											
NP	624	CARLOS DAVID PRIETO LOPEZ	CIDADE DE LUGO FLUVIAL											
NP	499	RUBEN MODIA LOPEZ	MONTE PENARUBIA RUNNING LU											
NP	604	PEDRO ANTONIO ESMORIS MOLINA	TRIATLON ARTEIXO											
NP	513	IÑAKI PENA-MANSO CARRAL	CLUB TRIATLON CORUÑA											
NP	469	JUAN ANTONIO VIDAL SOUTO	TRIATLON FERROL											
NP	657	LUIS RAFAEL GONZALEZ VIZOSO	LICENZA DE 1 DÍA											
NP	545	FERNANDO MOSQUERA PARADA	NOSPORTLIMIT-TREK GALICIA											
NP	438	ALBERTO LOPEZ CRESPO	NOSPORTLIMIT-TREK GALICIA											
NP	437	CARLOS RODRIGUEZ RODRIGUEZ	NOSPORTLIMIT-TREK GALICIA											
NP	638	PABLO YAÑEZ VEGA	CLUB CICLISTA EO											
NP	594	ENRIQUE CASTAÑO ROMERO	ARTROGAL-TRI 498											



# NORTHWEST TRIMAN 2015

## CLASIFICACIÓN POR CATEGORÍAS

## ABSOLUTA MASCULINA

<b>OFICIAIS</b>		<b>DATA</b> 28/06/2015											
Delegado Técnico		<b>HORA DE PUBLICACION</b> <b>29/06/2015</b> <b>12:29 Horas</b>											
Xuiz Arbitro													
Responsable Oficiais													
<b>COMITE DE APELACIÓN</b>		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>Inscritos</td> <td style="text-align: center;">230</td> </tr> <tr> <td>Remataron</td> <td style="text-align: center;">186</td> </tr> <tr> <td>Retirados</td> <td style="text-align: center;">4</td> </tr> <tr> <td>Descalificados</td> <td style="text-align: center;">0</td> </tr> <tr> <td>No presentados</td> <td style="text-align: center;">40</td> </tr> </table>	Inscritos	230	Remataron	186	Retirados	4	Descalificados	0	No presentados	40	Firma conformidade do Xuiz Arbitro
Inscritos	230												
Remataron	186												
Retirados	4												
Descalificados	0												
No presentados	40												
		<b>Distancias</b>											
Natación	1,9	Kms.	Ciclismo	45	Kms.	Carrera	10,5	Kms.					

\*NF=Non finalizado; NP=Non presentado; SD=Descalificado

### SUB-23 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	464	ADRIAN FERNANDEZ GARCIA	TRISADA	47	0:32:44	02:41	41	1:20:36	33.5	01:36	32	0:45:57	<b>2:43:32</b>	0:26:36
2	514	PABLO VILAS CABO	TALLERES DAVID TRIATLON COMPOST	63	0:33:47	01:52	154	1:32:19	29.25	01:25	181	1:08:14	<b>3:17:34</b>	1:00:38
NP	513	IÑAKI PENA-MANSO CARRAL	CLUB TRIATLON CORUÑA											

### VETERANOS 1 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	612	FADY HOUT VARELA	CLUB TRIATLON CORUÑA	5	0:26:52	01:45	16	1:17:31	34.83	01:19	7	0:41:47	<b>2:29:13</b>	0:12:17
2	448	MIGUEL ANGEL VARELA FERNANDEZ	AXA AGENCIA GARRIGA-BEARIZ TRIAT	30	0:31:23	02:05	1	1:10:27	38.33	01:48	72	0:49:00	<b>2:34:41</b>	0:17:45
3	622	JAVIER PEREZ BOUZA	TRINITY TRIATLON	18	0:31:00	02:05	9	1:16:24	35.34	01:29	58	0:48:10	<b>2:39:06</b>	0:22:10
4	636	DIEGO VAZQUEZ TRILLO	LICENZA DE 1 DÍA	19	0:31:09	01:50	45	1:21:13	33.25	01:39	16	0:43:34	<b>2:39:23</b>	0:22:27
5	432	RUBEN PARDO NEBRIL	NOSPORTLIMIT-TREK GALICIA	33	0:31:28	02:02	11	1:16:34	35.27	01:51	87	0:50:12	<b>2:42:06</b>	0:25:10
6	642	MARCOS GONZALEZ TALAVERO	CLUB CICLISTA RIAZOR	21	0:31:13	02:44	58	1:22:34	32.7	01:19	21	0:44:39	<b>2:42:28</b>	0:25:32
7	656	ENRIQUE VILA DIAZ	A.D. FOGAR	48	0:32:56	02:26	42	1:20:49	33.41	01:22	35	0:46:06	<b>2:43:37</b>	0:26:41
8	436	LUIS VILA ARIAS	CIDADE DE LUGO FLUVIAL	16	0:30:38	01:53	75	1:24:18	32.03	01:24	40	0:46:22	<b>2:44:32</b>	0:27:36
9	640	LUIS ANGEL CASTELO SANCHEZ	LICENZA DE 1 DÍA	34	0:31:29	02:37	19	1:17:45	34.73	01:49	99	0:51:07	<b>2:44:45</b>	0:27:50
10	592	JUAN ALVAREZ DE SOTOMAYOR	CLUB TRIATLON CORUÑA	15	0:30:34	02:20	56	1:22:16	32.82	01:24	63	0:48:37	<b>2:45:09</b>	0:28:14
11	648	ENRIQUE MUÑOZ CANTERO	LICENZA DE 1 DÍA	36	0:31:42	02:34	51	1:21:45	33.03	01:41	56	0:47:55	<b>2:45:34</b>	0:28:39
12	628	MARCELO RODRIGUEZ FILGUEIRAS	CLUB CICLISTA RIAZOR	57	0:33:31	02:16	49	1:21:41	33.06	01:30	48	0:47:17	<b>2:46:15</b>	0:29:19
13	600	JOSE MANUEL DOCAL RUBIDO	TRINITY TRIATLON	45	0:32:41	02:09	50	1:21:42	33.05	01:19	73	0:49:02	<b>2:46:52</b>	0:29:56
14	646	JAVIER MONTERO LOPEZ	LICENZA DE 1 DÍA	94	0:36:03	02:27	22	1:18:35	34.37	01:44	70	0:48:56	<b>2:47:42</b>	0:30:46
15	599	PABLO DÍAZ DE LA CUESTA	LICENZA DE 1 DÍA	115	0:37:38	02:34	27	1:19:11	34.1	01:55	43	0:46:53	<b>2:48:09</b>	0:31:14
16	485	IVAN BUENO HERMIDA	TRIA TLON COSTA DA MORTE	143	0:39:39	02:46	34	1:19:41	33.89	01:32	45	0:47:00	<b>2:50:36</b>	0:33:40
17	468	DAVID MARCOS LOPEZ BARBERO	NOSPORTLIMIT-TREK GALICIA	38	0:31:52	02:35	76	1:24:20	32.02	01:47	89	0:50:17	<b>2:50:49</b>	0:33:53
18	601	JOSÉ MARÍA EIROA FEAL	LICENZA DE 1 DÍA	73	0:34:42	03:05	60	1:22:44	32.64	01:45	66	0:48:41	<b>2:50:56</b>	0:34:00
19	619	DAVID MUÑOZ DIOS	ARTROGAL-TRI 498	78	0:34:53	02:16	68	1:23:12	32.46	01:26	80	0:49:31	<b>2:51:16</b>	0:34:20
20	470	ENRIQUE GRIÑAN TORRADO	NOSPORTLIMIT-TREK GALICIA	54	0:33:26	02:20	62	1:22:50	32.6	01:43	98	0:51:05	<b>2:51:22</b>	0:34:26
21	654	JOSE LUIS TORRES LOPEZ	CIDADE DE LUGO FLUVIAL	7	0:27:22	02:22	94	1:25:50	31.46	01:31	139	0:55:03	<b>2:52:06</b>	0:35:10
22	620	MARCOS OTERO LEDO	CIDADE DE LUGO FLUVIAL	134	0:39:01	02:27	35	1:19:43	33.87	01:43	82	0:49:45	<b>2:52:37</b>	0:35:41
23	484	PABLO GONZALEZ MENDEZ	MONTE PENARUBIA RUNNING LUGO	117	0:37:43	02:42	39	1:20:23	33.59	01:26	91	0:50:25	<b>2:52:37</b>	0:35:41
24	633	ALBERTO SOTO CAMPOS	NOSPORTLIMIT-TREK GALICIA	79	0:35:05	02:22	26	1:19:08	34.12	02:03	136	0:54:09	<b>2:52:45</b>	0:35:49
25	503	ANTONIO FERNANDEZ DURAN	TRIA TLON COSTA DA MORTE	69	0:34:11	02:30	106	1:26:52	31.08	01:31	57	0:48:03	<b>2:53:05</b>	0:36:10
26	627	JACOBO RODRIGUEZ COBO	NOSPORTLIMIT-TREK GALICIA	32	0:31:28	02:47	119	1:28:21	30.56	02:01	71	0:48:58	<b>2:53:32</b>	0:36:36
27	625	FRANCISCO JAVIER PUENTE DIAZ	LICENZA DE 1 DÍA	28	0:31:20	03:13	104	1:26:38	31.17	02:15	86	0:50:09	<b>2:53:34</b>	0:36:39
28	473	JOSE LUIS VAZQUEZ MEIJIDE	CIDADE DE LUGO FLUVIAL	31	0:31:26	02:27	128	1:29:19	30.23	01:29	76	0:49:07	<b>2:53:47</b>	0:36:52
29	467	SANTIAGO GARCIA GONZALEZ	NOSPORTLIMIT-TREK GALICIA	108	0:36:44	02:54	52	1:21:52	32.98	01:38	100	0:51:07	<b>2:54:13</b>	0:37:17
30	463	JOSE LUIS NAYA ORGEIRA	NOSPORTLIMIT-TREK GALICIA	113	0:37:05	03:20	74	1:24:14	32.06	02:15	53	0:47:33	<b>2:54:24</b>	0:37:28
31	593	LUIS BALDO MACIA	A.D. FOGAR	68	0:34:07	01:59	112	1:27:22	30.91	01:40	78	0:49:27	<b>2:54:32</b>	0:37:36
32	471	CARLOS MALDONADO GONZALEZ	ARCADE INFORHOUSE SANTIAGO	90	0:35:44	02:28	98	1:26:04	31.37	01:50	64	0:48:38	<b>2:54:43</b>	0:37:47
33	609	ALBERTO GONZALEZ GONZALEZ	LICENZA DE 1 DÍA	46	0:32:42	02:50	108	1:26:56	31.06	01:34	102	0:51:12	<b>2:55:12</b>	0:38:16
34	608	CARLOS GARCIA BLANCO	CICLISMO TRIATLON MONTE ABAIXO	112	0:37:00	02:38	80	1:24:37	31.91	01:16	104	0:51:19	<b>2:56:47</b>	0:39:51
35	618	ELISEO MOSTEIRO VILLAVARDE	LICENZA DE 1 DÍA	140	0:39:30	03:10	54	1:22:09	32.87	01:58	97	0:50:55	<b>2:57:40</b>	0:40:44

36	481	SERGIO NOGUEROL URRUTIA	NOSPORTLIMIT-TREK GALICIA	27	0:31:19	02:38	110	1:27:15	30.95	01:50	146	0:55:45	<b>2:58:45</b>	0:41:49
37	595	JOSE ALBERTO CASTELO SANCHEZ	LICENZA DE 1 DÍA	88	0:35:38	02:18	81	1:24:38	31.9	01:41	155	0:56:34	<b>3:00:48</b>	0:43:52
38	635	ENRIQUE TELLADO NOGUEIRA	INDEPENDIENTES	120	0:37:58	03:52	101	1:26:17	31.3	01:38	105	0:51:23	<b>3:01:06</b>	0:44:10
39	605	FRANCISCO JOSE FERNANDEZ GARC	CLUB DEPORTIVO TRIMINEITORS	72	0:34:32	03:17	130	1:29:23	30.21	01:36	119	0:52:20	<b>3:01:06</b>	0:44:10
40	596	JOSE RAMON COSTA RODRIGUEZ	A.D. FOGAR	62	0:33:42	03:20	138	1:30:50	29.73	01:29	110	0:51:47	<b>3:01:06</b>	0:44:10
41	494	JOSE LUIS FERNANDEZ SARMIENTO	CLUB DEPORTIVO TRIATLON BIERZO	129	0:38:28	02:58	95	1:25:55	31.43	01:55	117	0:52:15	<b>3:01:30</b>	0:44:34
42	632	CARLOS SANTOS MARTINEZ	NOSPORTLIMIT-TREK GALICIA	155	0:41:10	03:55	111	1:27:16	30.94	01:52	51	0:47:27	<b>3:01:38</b>	0:44:42
43	480	JUAN LUIS ALVAREZ CARNOTA	NOSPORTLIMIT-TREK GALICIA	83	0:35:18	02:40	144	1:31:36	29.48	01:42	92	0:50:30	<b>3:01:44</b>	0:44:48
44	614	CARLOS LODEIRO LOPEZ	CLUB CICLISTA RIAZOR	64	0:33:52	02:54	115	1:27:42	30.79	02:09	142	0:55:24	<b>3:02:00</b>	0:45:04
45	482	FEDERICO PORTO ARIAS	CLUB TRIATLON CORUÑA	53	0:33:23	02:39	137	1:30:31	29.83	01:39	137	0:54:31	<b>3:02:41</b>	0:45:45
46	617	FRANCISCOM JAVIER MIGUEZ CARBO	LICENZA DE 1 DÍA	101	0:36:29	03:00	146	1:31:40	29.46	02:10	79	0:49:31	<b>3:02:48</b>	0:45:52
47	496	DIEGO CARRO SANCHEZ	TRIATLON MOTOBIKE PONTEVEDRA	130	0:38:29	03:17	136	1:30:21	29.88	01:39	81	0:49:33	<b>3:03:17</b>	0:46:21
48	623	MANUEL ALEJANDRO PORTO MOLLÍ	ARTROGAL-TRI 498	100	0:36:21	03:22	139	1:31:02	29.66	01:59	121	0:52:34	<b>3:05:17</b>	0:48:21
49	603	DANIEL MARCOS ESMORIS ARRANZ	NOSPORTLIMIT-TREK GALICIA	121	0:38:01	02:59	107	1:26:55	31.07	01:50	152	0:56:20	<b>3:06:03</b>	0:49:07
50	621	PABLO JOSE PAZOS HERNANDEZ	CLUB TRIATLON CORUÑA	107	0:36:42	02:52	142	1:31:22	29.55	01:52	129	0:53:41	<b>3:06:27</b>	0:49:31
51	442	DAVID VAZQUEZ DOCE	NOSPORTLIMIT-TREK GALICIA	118	0:37:52	03:07	151	1:32:06	29.32	01:45	123	0:52:47	<b>3:07:35</b>	0:50:40
52	651	ROMÁN RUIZ ALARCÓN	LICENZA DE 1 DÍA	148	0:40:03	03:01	162	1:33:33	28.86	02:29	62	0:48:33	<b>3:07:37</b>	0:50:41
53	613	PABLO SERGIO IENCENELLA CABELL	CLUB TRIATLON CORUÑA	80	0:35:07	02:14	157	1:32:29	29.2	01:22	159	0:57:29	<b>3:08:40</b>	0:51:44
54	492	FERNANDO ABREU FERNANDEZ	CLUB ATLETISMO PORRIÑO	149	0:40:11	03:03	163	1:33:36	28.85	01:55	90	0:50:17	<b>3:09:00</b>	0:52:04
55	602	DAVID ESCUDERO DANS	NOSPORTLIMIT-TREK GALICIA	70	0:34:12	02:41	160	1:32:55	29.06	01:44	161	0:57:43	<b>3:09:13</b>	0:52:17
56	493	ANTONIO TORRON CASAL	GV SPORTS CLUB	99	0:36:20	03:10	168	1:36:47	27.9	01:45	103	0:51:15	<b>3:09:16</b>	0:52:20
57	498	EDUARDO DANIEL PAREDES FERRIO	CLUB CICLISTA RIAZOR	152	0:40:31	03:31	113	1:27:35	30.83	01:57	148	0:55:58	<b>3:09:30</b>	0:52:34
58	630	JUAN RODRIGUEZ VÁZQUEZ	LICENZA DE 1 DÍA	139	0:39:28	03:51	123	1:29:02	30.33	01:59	144	0:55:34	<b>3:09:51</b>	0:52:55
59	507	MARCOS ANDRES ORDOÑEZ RODRIG	CLUB TRIATLON MAR DE VIGO	171	0:45:15	03:55	86	1:25:17	31.66	02:03	133	0:53:50	<b>3:10:18</b>	0:53:22
60	652	AGUSTIN SEOANE GOLPE	TRISADA	146	0:39:49	02:31	171	1:37:37	27.66	02:09	59	0:48:16	<b>3:10:19</b>	0:53:23
61	626	CARLOS RAMAS FIUSA	NOSPORTLIMIT-TREK GALICIA	166	0:42:50	02:56	155	1:32:25	29.22	01:46	108	0:51:40	<b>3:11:34</b>	0:54:38
62	487	SERVANDO PARDO ALONSO	TRI OURENSE	187	0:55:32	02:13	82	1:24:46	31.85	01:49	52	0:47:30	<b>3:11:48</b>	0:54:52
63	502	MIGUEL ANGEL HERVA LOPEZ	TRIATLON FERROL	158	0:41:30	03:37	161	1:32:58	29.05	01:45	127	0:53:25	<b>3:13:12</b>	0:56:17
64	611	JESUS HEVIA GOMEZ	NOSPORTLIMIT-TREK GALICIA	164	0:42:45	03:19	148	1:31:45	29.43	02:04	135	0:54:05	<b>3:13:56</b>	0:57:00
65	500	ALFREDO SIO UHIA	TRINORTH-NOGASA	125	0:38:17	02:36	167	1:36:29	27.98	01:56	143	0:55:27	<b>3:14:44</b>	0:57:48
66	655	ROBERTO VENTUREIRA DOPICO	TRIATLON FERROL	119	0:37:55	03:07	175	1:39:44	27.07	01:57	130	0:53:42	<b>3:16:22</b>	0:59:26
67	445	DANIEL PAZOS FERNÁNDEZ	TRISADA	168	0:43:30	03:50	145	1:31:39	29.46	02:29	172	1:02:34	<b>3:23:59</b>	1:07:03
68	615	JOSE ANTONIO MARTINEZ LEMA	HERCULES XTRM	176	0:47:40	03:19	143	1:31:32	29.5	03:02	167	0:59:32	<b>3:25:03</b>	1:08:07
69	597	JORGE CRIADO PRIETO	LICENZA DE 1 DÍA	183	0:50:58	05:47	120	1:28:30	30.51	02:26	160	0:57:31	<b>3:25:11</b>	1:08:15
70	649	JOSE MARIA REIGOSA MARTINEZ	LICENZA DE 1 DÍA	147	0:39:56	03:14	177	1:40:08	26.97	02:27	169	1:00:01	<b>3:25:43</b>	1:08:47
71	607	JORGE FERNANDEZ VILLARES	A.D. FEFEME TRIATLON DO MIÑO	188	0:55:39	02:16	150	1:31:57	29.37	01:35	138	0:54:45	<b>3:26:11</b>	1:09:15
72	641	BAUTISTA FERNANDEZ GARCIA	LICENZA DE 1 DÍA	126	0:38:18	04:51	172	1:37:44	27.63	03:05	174	1:03:33	<b>3:27:29</b>	1:10:33
73	644	MIGUEL LOPEZ ARIAS	NOSPORTLIMIT-TREK GALICIA	178	0:49:32	05:36	141	1:31:19	29.57	03:47	163	0:58:26	<b>3:28:38</b>	1:11:42
74	508	ALBERTO GONZALEZ MAHIA	NOSPORTLIMIT-TREK GALICIA	174	0:45:31	04:36	180	1:43:13	26.16	03:01	177	1:05:23	<b>3:41:42</b>	1:24:46
75	653	OCTAVIO AUGUSTO SUCASA NOVAL	NOSPORTLIMIT-TREK GALICIA	175	0:45:34	04:15	183	1:46:07	25.45	02:28	175	1:03:52	<b>3:42:13</b>	1:25:17
76	629	MIGUEL ANGEL RODRIGUEZ GOMEZ	LICENZA DE 1 DÍA	170	0:44:24	06:10	188	1:52:12	24.06	01:48	176	1:04:14	<b>3:48:45</b>	1:31:49
77	606	MANUEL FERNANDEZ VARELA	MONTE PENARUBIA RUNNING LUGO	180	0:49:50	05:15	182	1:45:09	25.68	03:02	178	1:06:01	<b>3:49:16</b>	1:32:20
78	647	MIGUEL ANGEL PAZ DANS	NOSPORTLIMIT-TREK GALICIA	184	0:51:24	02:58	187	1:51:07	24.3	03:47	183	1:41:05	<b>4:30:19</b>	2:13:24
NF	616	JUAN MANUEL MENDEZ FROJAN	ARTROGAL-TRI 498	85	0:35:28	02:49	31	1:19:25	34					
NP	511	BENJAMIN MURAS GEADA	MONTE PENARUBIA RUNNING LUGO											
NP	459	ROBERTO BOGA SANDE	TRIATLON ARTEIXO											
NP	643	ALEJANDRO LAMELA ARIAS	A.D. TRI-PENTA TERRAS DE LUGO											
NP	624	CARLOS DAVID PRIETO LOPEZ	CIDADE DE LUGO FLUVIAL											
NP	610	JOSE LUIS GONZALEZ PEREZ	PILONA.DEPORTE											
NP	631	IVAN RUBIO RUBIRA	TRIATLON ARTEIXO											
NP	604	PEDRO ANTONIO ESMORIS MOLINA	TRIATLON ARTEIXO											
NP	645	MANUEL OTERO GOMEZ	A.D. FOGAR											
NP	650	ANTONIO JOSE RIVAS FEAL	A.D. FOGAR											
NP	638	PABLO YAÑEZ VEGA	CLUB CICLISTA EO											
NP	637	FRANCISCO VILLACAMPA CAAMAÑO	LICENZA DE 1 DÍA											
NP	444	JORGE GARCIA FERNANDEZ	TRISADA											
NP	434	ANTONIO ABEL SEOANE ESTEVEZ	CICLISMO TRIATLON MONTE ABAIXO											
NP	639	JUAN EDUARDO ARIAS REAL	TRINORTH-NOGASA											
NP	634	IVÁN TEIJEIRO BOUZA	LICENZA DE 1 DÍA											
NP	598	FELIPE DE LA VEGA GANDARAS	LICENZA DE 1 DÍA											
NP	452	JAVIER RAMOS BOTANA	CIDADE DE LUGO FLUVIAL											
NP	594	ENRIQUE CASTAÑO ROMERO	ARTROGAL-TRI 498											

## VETERANOS 2 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	661	JULIO JOSE SOUTO DIZ	CLUB TRIATLON CORUÑA	52	0:33:20	02:58	48	1:21:39	33.07	01:17	27	0:45:23	<b>2:44:36</b>	0:27:40
2	474	FERNANDO JOSE HUELIN TRILLO	CIDADE DE LUGO FLUVIAL	81	0:35:13	02:34	84	1:25:01	31.76	01:36	134	0:53:50	<b>2:58:12</b>	0:41:16
3	441	ANTONIO FEDERICO SERRAT SOTO	A.D. TRI-PENTA TERRAS DE LUGO	50	0:33:15	02:15	116	1:28:08	30.64	01:47	158	0:57:02	<b>3:02:25</b>	0:45:29
4	658	ARTURO LOPEZ LAGO	CLUB TRIATLON CORUÑA	61	0:33:36	03:08	147	1:31:44	29.43	01:37	131	0:53:47	<b>3:03:50</b>	0:46:54
5	440	ANTONIO PARDO LOPEZ	NOSPORTLIMIT-TREK GALICIA	127	0:38:19	02:31	105	1:26:45	31.12	01:51	150	0:56:14	<b>3:05:39</b>	0:48:43
6	659	JOSE MIGUEL PIÑEIRO OTERO	TRINITY TRIATLON	93	0:35:56	02:48	140	1:31:12	29.61	01:47	179	1:07:10	<b>3:18:52</b>	1:01:56

7	660	JOSE RAMON SANTOS PAZ	LICENZA DE 1 DÍA	189	1:03:03	05:02	176	1:40:06	26.98	02:44	180	1:07:12	<b>3:58:05</b>	1:41:09
NP	657	LUIS RAFAEL GONZALEZ VIZOSO	LICENZA DE 1 DÍA											

## VETERANOS 3 MASCULINA


POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
NP	446	MANUEL JOSE CRUCES PRADO	CLUB DEPORTIVO PINARIUM											



# NORTHWEST TRIMAN 2015

## CLASIFICACIÓN POR GRUPOS DE EDAD

## ABSOLUTA MASCULINA

<b>OFICIAIS</b>		<b>DATA</b> 28/06/2015											
Delegado Técnico		<b>HORA DE PUBLICACION</b> <b>29/06/2015</b> <b>12:30 Horas</b>											
xuiz Arbitro													
Responsable Oficiais													
<b>COMITE DE APELACIÓN</b>		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td>Inscritos</td> <td style="text-align: center;">230</td> </tr> <tr> <td>Remataron</td> <td style="text-align: center;">186</td> </tr> <tr> <td>Retirados</td> <td style="text-align: center;">4</td> </tr> <tr> <td>Descalificados</td> <td style="text-align: center;">0</td> </tr> <tr> <td>No presentados</td> <td style="text-align: center;">40</td> </tr> </table>	Inscritos	230	Remataron	186	Retirados	4	Descalificados	0	No presentados	40	Firma conformidade do Xuiz Arbitro
Inscritos	230												
Remataron	186												
Retirados	4												
Descalificados	0												
No presentados	40												
<b>Distancias</b>													
Natación	1,9	Kms.	Ciclismo	45	Kms.	Carrera	10,5	Kms.					

\*NF=Non finalizado;NP=Non presentado; SD=Descalificado

### DE 20 A 24 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	464	ADRIAN FERNANDEZ GARCIA	TRISADA	47	0:32:44	02:41	41	1:20:36	33.5	01:36	32	0:45:57	<b>2:43:32</b>	0:26:36
2	514	PABLO VILAS CABO	TALLERES DAVID TRIATLON COMPOST	63	0:33:47	01:52	154	1:32:19	29.25	01:25	181	1:08:14	<b>3:17:34</b>	1:00:38
NP	513	IÑAKI PENA-MANSO CARRAL	CLUB TRIATLON CORUÑA											

### DE 25 A 29 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	516	BRAIS CANOSA FERNANDEZ	ARCADE INFORHOUSE SANTIAGO	3	0:25:28	01:24	4	1:13:24	36.79	01:05	2	0:38:53	<b>2:20:12</b>	0:03:17
2	524	HUMBERTO PEREZ MAURIZ	AD NAUTICO DE NARON	1	0:23:49	01:33	46	1:21:16	33.23	01:26	23	0:44:54	<b>2:32:57</b>	0:16:01
3	453	JOSE MANUEL TOME SUAREZ	TRIATLON COSTA DA MORTE	25	0:31:18	03:12	12	1:16:34	35.26	01:47	20	0:44:08	<b>2:36:57</b>	0:20:01
4	519	ADRIAN CASTRO RODRIGUEZ	T. MURALLA LUGO	58	0:33:33	02:20	36	1:19:49	33.83	01:21	12	0:43:08	<b>2:40:09</b>	0:23:14
5	522	GUILLERMO MOSQUERA VICENTE	LICENZA DE 1 DÍA	13	0:30:23	01:44	43	1:20:56	33.37	01:34	46	0:47:08	<b>2:41:43</b>	0:24:47
6	523	DAVID OLIVEIRA RODRIGUEZ	CLUB ATLETISMO PORRIÑO	26	0:31:19	02:27	69	1:23:23	32.38	01:28	26	0:45:18	<b>2:43:53</b>	0:26:57
7	517	BORJA CANTO BAÑA	CLUB TRIATLON CORUÑA	56	0:33:29	02:41	40	1:20:32	33.53	01:18	39	0:46:17	<b>2:44:16</b>	0:27:20
8	518	BRUNO CARDAMAS FREIRE	TRINITY TRIATLON	136	0:39:13	03:10	47	1:21:24	33.17	01:47	30	0:45:46	<b>2:51:18</b>	0:34:22
9	520	BORJA GARGALLO MENDEZ	LICENZA DE 1 DÍA	98	0:36:16	01:49	90	1:25:39	31.52	01:24	38	0:46:16	<b>2:51:24</b>	0:34:28
10	515	ADRIAN AMOEDO CORREA	CLUB TRIATLON MAR DE VIGO	106	0:36:36	03:04	121	1:28:36	30.48	01:32	145	0:55:40	<b>3:05:26</b>	0:48:30
11	521	JORGE JUAN GONZÁLEZ VÁZQUEZ	LICENZA DE 1 DÍA	160	0:41:35	04:39	131	1:29:25	30.2	02:17	88	0:50:14	<b>3:08:08</b>	0:51:12
12	525	JUAN JOSE REYES LORETO	AD NAUTICO DE NARON	122	0:38:12	03:09	174	1:38:09	27.51	01:23	149	0:56:02	<b>3:16:52</b>	0:59:56
NP	489	DAVID FERNANDEZ FORNIS	ARTROGAL-TRI 498											

### DE 30 A 34 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	447	SERGIO GARCIA RODRIGUEZ	ARCADE INFORHOUSE SANTIAGO	2	0:23:51	01:41	2	1:11:03	38.01	01:04	3	0:39:19	<b>2:16:56</b>	
2	548	JAVIER PARRILLA GUTIERREZ	PILOÑA.DEPORTE	10	0:27:51	02:02	13	1:16:57	35.09	01:11	22	0:44:44	<b>2:32:43</b>	0:15:47
3	457	RODRIGO PINTADO DEL CAMPO	NOSPORTLIMIT-TREK GALICIA	44	0:32:37	01:57	15	1:17:03	35.05	01:31	9	0:42:06	<b>2:35:12</b>	0:18:16
4	546	PABLO MANUEL MUÑOZ SAMPEDRO	ARTROGAL-TRI 498	12	0:29:01	01:46	25	1:18:57	34.2	01:15	31	0:45:49	<b>2:36:46</b>	0:19:51
5	558	EDUARDO ALBERTO SAAVEDRA LAG	TRIATLON FERROL	35	0:31:40	02:01	32	1:19:25	34	01:37	13	0:43:16	<b>2:37:58</b>	0:21:02
6	455	MANUEL DALMEIDA LOPEZ	OLIMPICO DE VEDRA	87	0:35:31	02:04	10	1:16:33	35.28	01:44	11	0:43:07	<b>2:38:57</b>	0:22:01
7	532	JOSE MANUEL FERNANDEZ LOPEZ	AD NAUTICO DE NARON	77	0:34:50	01:59	14	1:17:02	35.05	01:13	18	0:44:06	<b>2:39:09</b>	0:22:13
8	543	DAVID MENDEZ ARIAS	CIDADE DE LUGO FLUVIAL	123	0:38:15	02:56	7	1:15:45	35.65	01:24	5	0:40:52	<b>2:39:10</b>	0:22:14
9	454	ANTONIO TOUCEDO ESTEVEZ	CLUB ATLETISMO PORRIÑO	40	0:32:23	02:16	71	1:23:56	32.17	01:26	4	0:40:36	<b>2:40:35</b>	0:23:39
10	458	MANUEL SANTOS DOCAL	MONTE PENARUBIA RUNNING LUGO	43	0:32:35	02:37	18	1:17:39	34.78	01:42	42	0:46:50	<b>2:41:21</b>	0:24:25
11	553	IVAN RAMOS CADIerno	NOSPORTLIMIT-TREK GALICIA	23	0:31:15	02:29	57	1:22:24	32.77	01:30	24	0:45:10	<b>2:42:45</b>	0:25:49
12	541	CARLOS JAVIER MARTINEZ LOURO	AD NAUTICO DE NARON	105	0:36:33	03:16	38	1:20:14	33.66	01:29	19	0:44:06	<b>2:45:35</b>	0:28:39
13	530	BENJAMIN COSTA FERNANDEZ	ARTROGAL-TRI 498	49	0:32:59	02:35	55	1:22:12	32.85	01:38	50	0:47:24	<b>2:46:47</b>	0:29:51
14	472	JESUS FRANCISCO GOMEZ SANTOS	NOSPORTLIMIT-TREK GALICIA	24	0:31:18	02:54	64	1:23:02	32.52	02:12	55	0:47:50	<b>2:47:14</b>	0:30:18
15	529	JAVIER CARREIRAS CUADRADO	C.E. TRIATHLONBCN	97	0:36:15	02:00	23	1:18:42	34.31	01:20	77	0:49:17	<b>2:47:32</b>	0:30:36
16	477	ALEJANDRO GONZALEZ MONTERO	MONTE PENARUBIA RUNNING LUGO	71	0:34:16	02:54	53	1:22:01	32.92	01:27	49	0:47:22	<b>2:47:59</b>	0:31:03
17	551	DOMINGO PRESAS FARALDO	CLUB TRIATLON CORUÑA	138	0:39:25	02:34	20	1:18:30	34.4	02:00	44	0:46:58	<b>2:49:23</b>	0:32:28
18	465	FRANCISCO JAVIER FERNANDEZ PER	NOSPORTLIMIT-TREK GALICIA	55	0:33:27	01:57	66	1:23:06	32.49	01:19	96	0:50:49	<b>2:50:36</b>	0:33:40
19	559	VICTOR MANUEL SEIJAS FOLGUEIRA	CIDADE DE LUGO FLUVIAL	156	0:41:16	01:55	89	1:25:38	31.53	01:07	10	0:42:07	<b>2:52:02</b>	0:35:07





44	493	ANTONIO TORRON CASAL	GV SPORTS CLUB	99	0:36:20	03:10	168	1:36:47	27.9	01:45	103	0:51:15	<b>3:09:16</b>	0:52:20
45	630	JUAN RODRIGUEZ VÁZQUEZ	LICENZA DE 1 DÍA	139	0:39:28	03:51	123	1:29:02	30.33	01:59	144	0:55:34	<b>3:09:51</b>	0:52:55
46	507	MARCOS ANDRES ORDOÑEZ RODRIG	CLUB TRIATLON MAR DE VIGO	171	0:45:15	03:55	86	1:25:17	31.66	02:03	133	0:53:50	<b>3:10:18</b>	0:53:22
47	626	CARLOS RAMAS FIUSA	NOSPORTLIMIT-TREK GALICIA	166	0:42:50	02:56	155	1:32:25	29.22	01:46	108	0:51:40	<b>3:11:34</b>	0:54:38
48	487	SERVANDO PARDO ALONSO	TRI OURENSE	187	0:55:32	02:13	82	1:24:46	31.85	01:49	52	0:47:30	<b>3:11:48</b>	0:54:52
49	502	MIGUEL ANGEL HERVA LOPEZ	TRIATLON FERROL	158	0:41:30	03:37	161	1:32:58	29.05	01:45	127	0:53:25	<b>3:13:12</b>	0:56:17
50	611	JESUS HEVIA GOMEZ	NOSPORTLIMIT-TREK GALICIA	164	0:42:45	03:19	148	1:31:45	29.43	02:04	135	0:54:05	<b>3:13:56</b>	0:57:00
51	500	ALFREDO SIO UHIA	TRINORTH-NOGASA	125	0:38:17	02:36	167	1:36:29	27.98	01:56	143	0:55:27	<b>3:14:44</b>	0:57:48
52	445	DANIEL PAZOS FERNÁNDEZ	TRISADA	168	0:43:30	03:50	145	1:31:39	29.46	02:29	172	1:02:34	<b>3:23:59</b>	1:07:03
53	615	JOSE ANTONIO MARTINEZ LEMA	HERCULES XTRM	176	0:47:40	03:19	143	1:31:32	29.5	03:02	167	0:59:32	<b>3:25:03</b>	1:08:07
54	597	JORGE CRIADO PRIETO	LICENZA DE 1 DÍA	183	0:50:58	05:47	120	1:28:30	30.51	02:26	160	0:57:31	<b>3:25:11</b>	1:08:15
55	607	JORGE FERNANDEZ VILLARES	A.D. FEFEME TRIATLON DO MIÑO	188	0:55:39	02:16	150	1:31:57	29.37	01:35	138	0:54:45	<b>3:26:11</b>	1:09:15
56	508	ALBERTO GONZALEZ MAHIA	NOSPORTLIMIT-TREK GALICIA	174	0:45:31	04:36	180	1:43:13	26.16	03:01	177	1:05:23	<b>3:41:42</b>	1:24:46
57	629	MIGUEL ANGEL RODRIGUEZ GOMEZ	LICENZA DE 1 DÍA	170	0:44:24	06:10	188	1:52:12	24.06	01:48	176	1:04:14	<b>3:48:45</b>	1:31:49
58	606	MANUEL FERNANDEZ VARELA	MONTE PENARUBIA RUNNING LUGO	180	0:49:50	05:15	182	1:45:09	25.68	03:02	178	1:06:01	<b>3:49:16</b>	1:32:20
NP	616	JUAN MANUEL MENDEZ FROJAN	ARTROGAL-TRI 498	85	0:35:28	02:49	31	1:19:25	34					
NP	638	PABLO YAÑEZ VEGA	CLUB CICLISTA EO											
NP	637	FRANCISCO VILLACAMPA CAAMAÑO	LICENZA DE 1 DÍA											
NP	434	ANTONIO ABEL SEOANE ESTEVEZ	CICLISMO TRIATLON MONTE ABAIXO											
NP	631	IVAN RUBIO RUBIRA	TRIATLON ARTEIXO											
NP	452	JAVIER RAMOS BOTANA	CIDADE DE LUGO FLUVIAL											
NP	594	ENRIQUE CASTAÑO ROMERO	ARTROGAL-TRI 498											
NP	598	FELIPE DE LA VEGA GANDARAS	LICENZA DE 1 DÍA											
NP	604	PEDRO ANTONIO ESMORIS MOLINA	TRIATLON ARTEIXO											
NP	610	JOSE LUIS GONZALEZ PEREZ	PILONA.DEPORTE											
NP	634	IVÁN TEIJEIRO BOUZA	LICENZA DE 1 DÍA											
NP	511	BENJAMIN MURAS GEADA	MONTE PENARUBIA RUNNING LUGO											
NP	624	CARLOS DAVID PRIETO LOPEZ	CIDADE DE LUGO FLUVIAL											

## DE 45 A 49 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	642	MARCOS GONZALEZ TALAVERO	CLUB CICLISTA RIAZOR	21	0:31:13	02:44	58	1:22:34	32.7	01:19	21	0:44:39	<b>2:42:28</b>	0:25:32
2	656	ENRIQUE VILA DIAZ	A.D. FOGAR	48	0:32:56	02:26	42	1:20:49	33.41	01:22	35	0:46:06	<b>2:43:37</b>	0:26:41
3	640	LUIS ANGEL CASTELO SANCHEZ	LICENZA DE 1 DÍA	34	0:31:29	02:37	19	1:17:45	34.73	01:49	99	0:51:07	<b>2:44:45</b>	0:27:50
4	648	ENRIQUE MUÑOZ CANTERO	LICENZA DE 1 DÍA	36	0:31:42	02:34	51	1:21:45	33.03	01:41	56	0:47:55	<b>2:45:34</b>	0:28:39
5	646	JAVIER MONTERO LOPEZ	LICENZA DE 1 DÍA	94	0:36:03	02:27	22	1:18:35	34.37	01:44	70	0:48:56	<b>2:47:42</b>	0:30:46
6	654	JOSE LUIS TORRES LOPEZ	CIDADE DE LUGO FLUVIAL	7	0:27:22	02:22	94	1:25:50	31.46	01:31	139	0:55:03	<b>2:52:06</b>	0:35:10
7	473	JOSE LUIS VAZQUEZ MEIJIDE	CIDADE DE LUGO FLUVIAL	31	0:31:26	02:27	128	1:29:19	30.23	01:29	76	0:49:07	<b>2:53:47</b>	0:36:52
8	463	JOSE LUIS NAYA ORGEIRA	NOSPORTLIMIT-TREK GALICIA	113	0:37:05	03:20	74	1:24:14	32.06	02:15	53	0:47:33	<b>2:54:24</b>	0:37:28
9	480	JUAN LUIS ALVAREZ CARNOTA	NOSPORTLIMIT-TREK GALICIA	83	0:35:18	02:40	144	1:31:36	29.48	01:42	92	0:50:30	<b>3:01:44</b>	0:44:48
10	482	FEDERICO PORTO ARIAS	CLUB TRIATLON CORUÑA	53	0:33:23	02:39	137	1:30:31	29.83	01:39	137	0:54:31	<b>3:02:41</b>	0:45:45
11	651	ROMÁN RUIZ ALARCÓN	LICENZA DE 1 DÍA	148	0:40:03	03:01	162	1:33:33	28.86	02:29	62	0:48:33	<b>3:07:37</b>	0:50:41
12	492	FERNANDO ABREU FERNANDEZ	CLUB ATLETISMO PORRIÑO	149	0:40:11	03:03	163	1:33:36	28.85	01:55	90	0:50:17	<b>3:09:00</b>	0:52:04
13	498	EDUARDO DANIEL PAREDES FERRIO	CLUB CICLISTA RIAZOR	152	0:40:31	03:31	113	1:27:35	30.83	01:57	148	0:55:58	<b>3:09:30</b>	0:52:34
14	652	AGUSTIN SEOANE GOLPE	TRISADA	146	0:39:49	02:31	171	1:37:37	27.66	02:09	59	0:48:16	<b>3:10:19</b>	0:53:23
15	655	ROBERTO VENTUREIRA DOPICO	TRIATLON FERROL	119	0:37:55	03:07	175	1:39:44	27.07	01:57	130	0:53:42	<b>3:16:22</b>	0:59:26
16	649	JOSE MARIA REIGOSA MARTINEZ	LICENZA DE 1 DÍA	147	0:39:56	03:14	177	1:40:08	26.97	02:27	169	1:00:01	<b>3:25:43</b>	1:08:47
17	641	BAUTISTA FERNANDEZ GARCIA	LICENZA DE 1 DÍA	126	0:38:18	04:51	172	1:37:44	27.63	03:05	174	1:03:33	<b>3:27:29</b>	1:10:33
18	644	MIGUEL LOPEZ ARIAS	NOSPORTLIMIT-TREK GALICIA	178	0:49:32	05:36	141	1:31:19	29.57	03:47	163	0:58:26	<b>3:28:38</b>	1:11:42
19	653	OCTAVIO AUGUSTO SUCASA NOVAL	NOSPORTLIMIT-TREK GALICIA	175	0:45:34	04:15	183	1:46:07	25.45	02:28	175	1:03:52	<b>3:42:13</b>	1:25:17
20	647	MIGUEL ANGEL PAZ DANS	NOSPORTLIMIT-TREK GALICIA	184	0:51:24	02:58	187	1:51:07	24.3	03:47	183	1:41:05	<b>4:30:19</b>	2:13:24
NP	650	ANTONIO JOSE RIVAS FEAL	A.D. FOGAR											
NP	444	JORGE GARCIA FERNANDEZ	TRISADA											
NP	639	JUAN EDUARDO ARIAS REAL	TRINORTH-NOGASA											
NP	459	ROBERTO BOGA SANDE	TRIATLON ARTEIXO											
NP	645	MANUEL OTERO GOMEZ	A.D. FOGAR											
NP	643	ALEJANDRO LAMELA ARIAS	A.D. TRI-PENTA TERRAS DE LUGO											

## DE 50 A 54 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	661	JULIO JOSE SOUTO DIZ	CLUB TRIATLON CORUÑA	52	0:33:20	02:58	48	1:21:39	33.07	01:17	27	0:45:23	<b>2:44:36</b>	0:27:40
2	441	ANTONIO FEDERICO SERRAT SOTO	A.D. TRI-PENTA TERRAS DE LUGO	50	0:33:15	02:15	116	1:28:08	30.64	01:47	158	0:57:02	<b>3:02:25</b>	0:45:29
3	658	ARTURO LOPEZ LAGO	CLUB TRIATLON CORUÑA	61	0:33:36	03:08	147	1:31:44	29.43	01:37	131	0:53:47	<b>3:03:50</b>	0:46:54
4	659	JOSE MIGUEL PIÑEIRO OTERO	TRINITY TRIATLON	93	0:35:56	02:48	140	1:31:12	29.61	01:47	179	1:07:10	<b>3:18:52</b>	1:01:56
5	660	JOSE RAMON SANTOS PAZ	LICENZA DE 1 DÍA	189	1:03:03	05:02	176	1:40:06	26.98	02:44	180	1:07:12	<b>3:58:05</b>	1:41:09
NP	657	LUIS RAFAEL GONZALEZ VIZOSO	LICENZA DE 1 DÍA											

## DE 55 A 59 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	474	FERNANDO JOSE HUELIN TRILLO	CIDADE DE LUGO FLUVIAL	81	0:35:13	02:34	84	1:25:01	31.76	01:36	134	0:53:50	<b>2:58:12</b>	0:41:16

## DE 70 A 74 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
NP	446	MANUEL JOSE CRUCES PRADO	CLUB DEPORTIVO PINARIUM											