


# NORTHWEST TRIMAN 2016

## CLASIFICACIÓN

## CAMPEONATO GALEGO MASCULINO

<b>OFICIAIS</b>		<b>DATA</b> 25/06/2016						
Delegado Técnico	Jose Antonio Barreiro	<b>HORA DE PUBLICACION</b> <b>26/06/2016</b> <b>9:52 Horas</b>						
Xuiz Arbitro	Jose Manuel Rey							
Responsable Oficiais								
<b>XURADO DE COMPETIÇÃO</b>		Inscritos	69					
Óscar J. Suris (Fegatri)		Remataron	62					
Ricardo Rey (Clubs)		Retirados	2					
		Descalificados	0					
		Non presentados	5					
<b>Distancias</b>								
Natación	3,8	Kms.	Ciclismo	180	Kms.	Carrera	42,2	Kms.

\*NF=Non finalizado;NP=Non presentado; SD=Descalificado


POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	160	ENRIQUE MORAN GONZALEZ	CLUB ATLETISMO PORRIÑO	18	1:07:33	02:20	2	5:01:07	35.87	02:24	1	3:03:48	<b>9:17:10</b>	
2	99	PEDRO ESCOLANTE BILBAO	TRINITY TRIATLON	10	1:04:29	02:30	8	5:11:28	34.68	01:50	2	3:06:45	<b>9:27:00</b>	0:09:50
3	18	MANUEL FERNANDO ABUÍN ROUCO	TRIATLON MURALLA LUGO	22	1:09:44	02:59	4	5:04:47	35.44	02:38	6	3:11:56	<b>9:32:03</b>	0:14:53
4	24	FRANCISCO SOLIÑO PIÑEIRO	CLUB TRIATLON MORRAZO	1	1:00:46	02:54	9	5:15:43	34.21	01:28	5	3:11:18	<b>9:32:08</b>	0:14:58
5	20	RAMON ARIAS GARCIA	CIDADE DE LUGO FLUVIAL	5	1:02:23	02:46	14	5:29:43	32.76	01:54	3	3:06:52	<b>9:43:36</b>	0:26:27
6	215	RAMÓN VARELA GARCÍA	ARTROGAL-TRI 498	12	1:04:41	02:54	12	5:23:34	33.38	02:03	8	3:18:34	<b>9:51:44</b>	0:34:35
7	182	JOSE RIVEIRO NUÑEZ	ARTROGAL-TRI 498	21	1:08:45	03:14	7	5:10:51	34.74	02:38	15	3:31:10	<b>9:56:35</b>	0:39:26
8	116	DAVID GARCIA PEREZ	TRIATLON FERROL	2	1:02:14	03:52	10	5:19:03	33.85	01:29	16	3:31:22	<b>9:57:59</b>	0:40:50
9	27	JOSE ANTONIO RECOUSO CAAMAÑO	NOSPORTLIMIT	27	1:11:37	03:16	21	5:34:10	32.32	02:07	4	3:08:56	<b>10:00:04</b>	0:42:54
10	21	JAIME TIZÓN DAVILA	TALLERES DAVID TRIATLON COM	19	1:07:34	02:48	11	5:19:46	33.78	01:53	13	3:29:09	<b>10:01:09</b>	0:43:59
11	19	PASTOR ADRIÁN POSE REGUEIRO	NOSPORTLIMIT	4	1:02:16	03:23	15	5:29:51	32.74	02:09	9	3:24:15	<b>10:01:52</b>	0:44:43
12	35	FLORINDO JOSE GONZALEZ GONZALEZ	AXA AGENCIA GARRIGA-BEARIZ T	26	1:11:23	03:25	3	5:04:10	35.51	02:07	22	3:44:41	<b>10:05:43</b>	0:48:34
13	194	JOSE RAMON SANCHEZ QUINTELA	CIDADE DE LUGO FLUVIAL	31	1:14:44	03:41	23	5:34:39	32.27	02:05	7	3:12:09	<b>10:07:16</b>	0:50:07
14	226	EUGENIO MARTÍNEZ PÉREZ	CIDADE DE LUGO FLUVIAL	17	1:07:24	03:30	6	5:10:31	34.78	01:50	26	3:49:06	<b>10:12:19</b>	0:55:10
15	12	ANXO SALGADO LOSADA	CLUB TRIATLON MAR DE VIGO	32	1:14:48	02:41	5	5:10:14	34.81	02:31	30	3:52:34	<b>10:22:45</b>	1:05:36
16	117	LUIS GARCÍA RIOS	TRINITY TRIATLON	38	1:17:34	02:55	22	5:34:36	32.28	02:20	10	3:25:38	<b>10:23:02</b>	1:05:53
17	11	BORJA COSTA ROJO	NOSPORTLIMIT	9	1:03:55	02:31	32	5:45:36	31.25	02:15	14	3:30:59	<b>10:25:14</b>	1:08:04
18	28	CARLOS RODRIGUEZ LEAL	A.D. NAUTICO DE NARON	23	1:09:56	04:26	29	5:42:21	31.55	03:57	11	3:26:14	<b>10:26:52</b>	1:09:43
19	209	LUCAS TUDO SANDES	CLUB TRIATLON CORUÑA	20	1:07:35	03:53	35	5:47:35	31.07	02:22	12	3:26:59	<b>10:28:22</b>	1:11:12
20	23	XURXO GÓMEZ VÁZQUEZ	TRIATLON FERROL	30	1:12:03	02:48	13	5:27:53	32.94	03:16	20	3:43:08	<b>10:29:07</b>	1:11:57
21	164	VICTOR MANUEL MOURIÑO FORTES	CLUB ATLETISMO PORRIÑO	8	1:03:51	03:02	26	5:38:46	31.88	02:53	19	3:42:57	<b>10:31:27</b>	1:14:17
22	41	CARLOS ELISEO AÑON CEAN	A.D. MEDIA DUCIA	60	1:30:27	04:47	25	5:36:37	32.09	01:45	17	3:32:19	<b>10:45:53</b>	1:28:44
23	143	ROBERTO LÓPEZ SOBRADO	NOSPORTLIMIT	44	1:20:16	03:41	20	5:33:40	32.37	01:53	24	3:46:50	<b>10:46:19</b>	1:29:09
24	62	CARLOS BARCALA PÉREZ	ARTROGAL-TRI 498	3	1:02:15	03:02	31	5:45:15	31.28	01:38	31	3:54:17	<b>10:46:25</b>	1:29:16
25	22	LUIS ALBERTO DOMINGUEZ FERNANDEZ	TRI OURENSE	37	1:17:31	03:07	17	5:31:43	32.56	02:04	29	3:52:28	<b>10:46:50</b>	1:29:41
26	220	JOSE ALFONSO VILLAR CAAMAÑO	TRIATLON O TREITO	42	1:18:48	03:44	16	5:30:20	32.7	03:31	27	3:51:13	<b>10:47:35</b>	1:30:25
27	155	JOAQUIN MATEOS FUENTES	NOSPORTLIMIT	33	1:14:51	02:43	18	5:32:46	32.46	02:43	32	3:54:40	<b>10:47:41</b>	1:30:32
28	139	RAUL LISTA SUAREZ	CC RIAZOR	14	1:04:53	03:14	33	5:45:39	31.25	01:55	35	3:54:59	<b>10:50:38</b>	1:33:28
29	170	JAVIER PEREZ BOUZA	TRINITY TRIATLON	13	1:04:45	03:53	24	5:34:51	32.25	02:11	41	4:10:22	<b>10:56:00</b>	1:38:51
30	13	LUCAS GONZÁLEZ ROCHA	NOSPORTLIMIT	40	1:18:20	07:06	30	5:44:07	31.39	03:06	23	3:46:36	<b>10:59:12</b>	1:42:02
31	103	XOSÉ FERNÁNDEZ SEGURADO	PEÑA CICLISTA LAR	15	1:06:51	05:01	36	5:47:55	31.04	03:54	40	4:04:22	<b>11:08:00</b>	1:50:51
32	120	ANDRÉ LUIZ GOMES DE MACEDO	TRI OURENSE	11	1:04:39	02:42	34	5:46:11	31.2	02:56	45	4:14:52	<b>11:11:18</b>	1:54:08
33	133	PABLO INSUA PEDROSA	ARTROGAL-TRI 498	39	1:18:08	03:13	19	5:33:36	32.38	01:58	47	4:16:43	<b>11:13:35</b>	1:56:26
34	25	IÑAKI ANDRADE FERNANDEZ	TRIVIGO BOYER TRIATHLON	6	1:02:25	02:27	49	6:12:18	29.01	02:45	33	3:54:45	<b>11:14:38</b>	1:57:28
35	224	MIGUEL CASTRO RAMOS	A.D. MEDIA DUCIA	25	1:10:07	03:59	40	5:55:41	30.36	02:19	39	4:04:21	<b>11:16:26</b>	1:59:16
36	38	FERNANDO GARCIA MARTINEZ	TRIVIGO BOYER TRIATHLON	41	1:18:26	03:43	39	5:55:17	30.4	03:45	36	3:55:57	<b>11:17:06</b>	1:59:56
37	44	JORGE ANTONIO ALVAREZ RICO	CLUB TRIATLON MAR DE VIGO	45	1:20:30	06:28	46	6:07:16	29.41	04:20	18	3:42:54	<b>11:21:26</b>	2:04:17
38	68	DANIEL CADENAS TORRÓN	CC RIAZOR	53	1:24:22	03:55	28	5:41:56	31.59	02:55	42	4:10:25	<b>11:23:31</b>	2:06:22
39	107	PABLO FRANCO YAÑEZ	CLUB TRIATLON CORUÑA	35	1:16:53	06:07	44	6:02:43	29.78	02:56	37	3:57:27	<b>11:26:03</b>	2:08:54
40	40	CARLOS BEIRO GONZALEZ	TRIATLON COSTA DA MORTE	48	1:20:47	02:32	42	5:59:03	30.08	02:34	38	4:01:28	<b>11:26:22</b>	2:09:13
41	141	RUBEN LOPEZ FERNANDEZ	TRIATLON FERROL	58	1:27:29	03:45	48	6:11:29	29.07	03:33	21	3:43:52	<b>11:30:06</b>	2:12:56

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
42	36	ROI MARTINEZ MARTIN	CLUB TRIATLON NATACION PABE	7	1:03:07	05:12	37	5:49:17	30.92	02:52	52	4:30:21	<b>11:30:47</b>	2:13:38
43	32	RUBEN ALVAREZ IGLESIAS	VIGO MASTER CLUB	16	1:06:56	03:32	38	5:51:38	30.71	01:50	54	4:34:28	<b>11:38:22</b>	2:21:13
44	15	CARLOS MIGUEL FIDALGO RODRIGUEZ	CLUB TRIATLON OURENSE	47	1:20:41	03:39	45	6:03:49	29.69	05:08	43	4:11:34	<b>11:44:50</b>	2:27:41
45	34	FRANCISCO GARCÍA DANS	NOSPORTLIMIT	61	1:30:54	04:35	54	6:22:51	28.21	04:34	25	3:48:45	<b>11:51:37</b>	2:34:28
46	26	OSCAR FREIRE BARGO	TALLERES DAVID TRIATLON COM	43	1:19:29	03:38	43	6:00:40	29.95	06:47	49	4:25:04	<b>11:55:36</b>	2:38:26
47	16	GIOVANI GARCÍA ESTÉVEZ	NOSPORTLIMIT	59	1:28:44	05:37	56	6:23:57	28.13	02:46	34	3:54:56	<b>11:55:57</b>	2:38:48
48	17	JOSE CARLOS FREIRE SALORIO	NOSPORTLIMIT	49	1:20:51	04:57	47	6:07:51	29.36	04:17	48	4:21:33	<b>11:59:26</b>	2:42:16
49	31	PABLO RAMIL FREÁN	NOSPORTLIMIT	36	1:17:09	05:56	53	6:22:49	28.21	03:34	44	4:11:59	<b>12:01:25</b>	2:44:16
50	57	PABLO ANIDO COUCE	NOSPORTLIMIT	34	1:15:36	06:53	55	6:23:12	28.18	03:30	46	4:15:32	<b>12:04:41</b>	2:47:32
51	101	JOSÉ MIGUEL FERNÁNDEZ CRUZ	CLUB ATLETISMO PORRIÑO	52	1:23:16	04:23	59	6:43:40	26.75	02:34	28	3:51:19	<b>12:05:10</b>	2:48:00
52	14	ALVARO CIMARRAS IGLESIAS	NOSPORTLIMIT	28	1:11:37	04:29	51	6:20:21	28.4	03:38	56	4:35:08	<b>12:15:11</b>	2:58:01
53	58	GERARDO AÑÓN VEGA	NOSPORTLIMIT	46	1:20:38	05:04	58	6:39:01	27.07	05:05	50	4:25:28	<b>12:35:15</b>	3:18:06
54	45	OMAR GAEL GONZALO CORREA	NOSPORTLIMIT	63	1:34:22	09:23	50	6:16:21	28.7	08:29	51	4:26:42	<b>12:35:15</b>	3:18:06
55	125	JUAN JOSE GONZALEZ RAMIL	CLUB TRIATLON CORUÑA	29	1:11:57	05:00	52	6:21:49	28.29	04:01	58	4:56:03	<b>12:38:47</b>	3:21:38
56	42	JACOBO ANICETO SANCHEZ-BÁLGOMA LÓ	NOSPORTLIMIT	51	1:21:04	03:20	57	6:38:03	27.13	03:53	57	4:35:35	<b>12:41:54</b>	3:24:44
57	43	ALBERTO SOTO BARRIOS	NOSPORTLIMIT	56	1:26:42	05:03	41	5:58:54	30.09	07:18	61	5:08:18	<b>12:46:12</b>	3:29:03
58	157	CELESTINO MATO PEON	ARTROGAL-TRI 498	55	1:26:12	05:16	62	6:54:22	26.06	03:43	55	4:35:02	<b>13:04:32</b>	3:47:23
59	51	FRANCISCO ALONSO CUEVAS	NOSPORTLIMIT	57	1:27:04	07:59	63	7:05:26	25.39	08:33	53	4:32:42	<b>13:21:43</b>	4:04:33
60	59	CONSTANTINO ARES DURRUTI	NOSPORTLIMIT	50	1:21:03	12:21	61	6:50:27	26.31	05:27	59	4:57:46	<b>13:27:02</b>	4:09:53
61	204	PABLO TEJEIRO LÓPEZ	CLUB TRIATLON CORUÑA	62	1:32:40	06:52	60	6:45:32	26.63	02:20	60	5:01:54	<b>13:29:16</b>	4:12:07
62	187	MODESTO RODRIGUEZ OTERO	AXA AGENCIA GARRIGA-BEARIZ T	64	2:08:30	08:07	64	7:09:21	25.15	03:36	62	5:28:24	<b>14:57:56</b>	5:40:47
NF	167	IGNACIO OUVIÑA GONZALEZ	ARTROGAL-TRI 498	54	1:25:25	05:15	1	4:59:25	36.07					
NF	140	PEDRO LISTA SUÁREZ	CC RIAZOR	24	1:09:58	03:20	27	5:39:13	31.84	01:43				
NP	227	EMILIO RUIZ LAGO	NOSPORTLIMIT											
NP	37	DAVID VAZQUEZ RODRIGUEZ	TRI OURENSE											
NP	149	JAVIER MARTÍN ALVAREZ	TRINITY TRIATLON											
NP	203	XAN XOSE SUAREZ VILELA	CLUB NATACION CEDEIRA MUEBL											
NP	225	FRANCISCO JOSÉ FERRER VIDAL	NOSPORTLIMIT											

# NORTHWEST TRIMAN 2016

## CLASIFICACIÓN POR CATEGORÍAS

## CAMPEONATO GALEGO MASCULINO

<b>OFICIAIS</b>		<b>DATA</b> 25/06/2016											
Delegado Técnico	Jose Antonio Barreiro	<b>HORA DE PUBLICACION</b> <b>26/06/2016</b> <b>9:54 Horas</b>											
Xuiz Arbitro	Jose Manuel Rey												
Responsable Oficiais													
<b>XURADO DE COMPETICIÓN</b>		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Inscritos</td><td style="text-align: center;">69</td></tr> <tr><td>Remataron</td><td style="text-align: center;">62</td></tr> <tr><td>Retirados</td><td style="text-align: center;">2</td></tr> <tr><td>Descalificados</td><td style="text-align: center;">0</td></tr> <tr><td>No presentados</td><td style="text-align: center;">5</td></tr> </table>	Inscritos	69	Remataron	62	Retirados	2	Descalificados	0	No presentados	5	Firma conformidade do Xuiz Arbitro
Inscritos	69												
Remataron	62												
Retirados	2												
Descalificados	0												
No presentados	5												
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Óscar J. Suris (Fegatri)</td></tr> <tr><td>Ricardo Rey (Clubs)</td></tr> <tr><td> </td></tr> </table>		Óscar J. Suris (Fegatri)	Ricardo Rey (Clubs)										
Óscar J. Suris (Fegatri)													
Ricardo Rey (Clubs)													
<b>Distancias</b>													
Natación	3,8	Kms.	Ciclismo	180	Kms.	Carrera	42,2	Kms.					

\*NF=Non finalizado;NP=Non presentado; SD=Descalificado

### SUB-23 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	19	PASTOR ADRIÁN POSE REGUEIRO	NOSPORTLIMIT	4	1:02:16	03:23	15	5:29:51	32.74	02:09	9	3:24:15	<b>10:01:52</b>	0:44:43

### VETERANOS 1 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	20	RAMON ARIAS GARCÍA	CIDADE DE LUGO FLUVIAL	5	1:02:23	02:46	14	5:29:43	32.76	01:54	3	3:06:52	<b>9:43:36</b>	0:26:27
2	182	JOSE RIVEIRO NUÑEZ	ARTROGAL-TRI 498	21	1:08:45	03:14	7	5:10:51	34.74	02:38	15	3:31:10	<b>9:56:35</b>	0:39:26
3	27	JOSE ANTONIO RECOUSO CAAMAÑO	NOSPORTLIMIT	27	1:11:37	03:16	21	5:34:10	32.32	02:07	4	3:08:56	<b>10:00:04</b>	0:42:54
4	21	JAIME TIZÓN DAVILA	TALLERES DAVID TRIATLON COMPOST	19	1:07:34	02:48	11	5:19:46	33.78	01:53	13	3:29:09	<b>10:01:09</b>	0:43:59
5	35	FLORINDO JOSE GONZALEZ GONZAL	AXA AGENCIA GARRIGA-BEARIZ TRIAT	26	1:11:23	03:25	3	5:04:10	35.51	02:07	22	3:44:41	<b>10:05:43</b>	0:48:34
6	23	XURXO GÓMEZ VÁZQUEZ	TRIATLON FERROL	30	1:12:03	02:48	13	5:27:53	32.94	03:16	20	3:43:08	<b>10:29:07</b>	1:11:57
7	143	ROBERTO LÓPEZ SOBRADO	NOSPORTLIMIT	44	1:20:16	03:41	20	5:33:40	32.37	01:53	24	3:46:50	<b>10:46:19</b>	1:29:09
8	139	RAUL LISTA SUAREZ	CC RIAZOR	14	1:04:53	03:14	33	5:45:39	31.25	01:55	35	3:54:59	<b>10:50:38</b>	1:33:28
9	170	JAVIER PEREZ BOUZA	TRINITY TRIATLON	13	1:04:45	03:53	24	5:34:51	32.25	02:11	41	4:10:22	<b>10:56:00</b>	1:38:51
10	120	ANDRÉ LUIZ GOMES DE MACEDO	TRI OURENSE	11	1:04:39	02:42	34	5:46:11	31.2	02:56	45	4:14:52	<b>11:11:18</b>	1:54:08
11	38	FERNANDO GARCIA MARTINEZ	TRIVIGO BOYER TRIATHLON	41	1:18:26	03:43	39	5:55:17	30.4	03:45	36	3:55:57	<b>11:17:06</b>	1:59:56
12	44	JORGE ANTONIO ALVAREZ RICO	CLUB TRIATLON MAR DE VIGO	45	1:20:30	06:28	46	6:07:16	29.41	04:20	18	3:42:54	<b>11:21:26</b>	2:04:17
13	34	FRANCISCO GARCÍA DANS	NOSPORTLIMIT	61	1:30:54	04:35	54	6:22:51	28.21	04:34	25	3:48:45	<b>11:51:37</b>	2:34:28
14	42	JACOBO ANICETO SANCHEZ-BÁLGO	NOSPORTLIMIT	51	1:21:04	03:20	57	6:38:03	27.13	03:53	57	4:35:35	<b>12:41:54</b>	3:24:44
15	157	CELESTINO MATO PEON	ARTROGAL-TRI 498	55	1:26:12	05:16	62	6:54:22	26.06	03:43	55	4:35:02	<b>13:04:32</b>	3:47:23
16	51	FRANCISCO ALONSO CUEVAS	NOSPORTLIMIT	57	1:27:04	07:59	63	7:05:26	25.39	08:33	53	4:32:42	<b>13:21:43</b>	4:04:33
17	204	PABLO TEIJEIRO LÓPEZ	CLUB TRIATLON CORUÑA	62	1:32:40	06:52	60	6:45:32	26.63	02:20	60	5:01:54	<b>13:29:16</b>	4:12:07
NF	140	PEDRO LISTA SUÁREZ	CC RIAZOR	24	1:09:58	03:20	27	5:39:13	31.84	01:43				
NF	167	IGNACIO OUVIÑA GONZALEZ	ARTROGAL-TRI 498	54	1:25:25	05:15	1	4:59:25	36.07					
NP	37	DAVID VAZQUEZ RODRIGUEZ	TRI OURENSE											
NP	225	FRANCISCO JOSÉ FERRER VIDAL	NOSPORTLIMIT											

### VETERANOS 2 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	226	EUGENIO MARTÍNEZ PÉREZ	CIDADE DE LUGO FLUVIAL	17	1:07:24	03:30	6	5:10:31	34.78	01:50	26	3:49:06	<b>10:12:19</b>	0:55:10
2	125	JUAN JOSE GONZALEZ RAMIL	CLUB TRIATLON CORUÑA	29	1:11:57	05:00	52	6:21:49	28.29	04:01	58	4:56:03	<b>12:38:47</b>	3:21:38
3	187	MODESTO RODRIGUEZ OTERO	AXA AGENCIA GARRIGA-BEARIZ TRIAT	64	2:08:30	08:07	64	7:09:21	25.15	03:36	62	5:28:24	<b>14:57:56</b>	5:40:47

### VETERANOS 3 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	59	CONSTANTINO ARES DURRUTI	NOSPORTLIMIT	50	1:21:03	12:21	61	6:50:27	26.31	05:27	59	4:57:46	<b>13:27:02</b>	4:09:53